

Project Summary: The understudied nexus between national sports policy and clean sports behaviour: Dimensions, Priorities, Policy challenges and impacts.

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Tier: 2

Sports have faced increasing scrutiny due to the rising number of anti-doping rule violations by elite athletes. While the doping problem in sport is attributable to many factors at the micro, meso, and macro levels, much of the existing research has been limited on individual factors at the expense of meso and macro factors. Doping behaviour occurs within political, cultural, social, and policy contexts, and hence it is important to understand the impact of these factors on clean sport behaviour. Despite the recognition that sports policy impacts the doping problem worldwide, little evidence has been found on the impact of sport policy on clean sport behaviour. This research seeks to correct this imbalance by providing evidence on national sports policy and clean sports behaviour.

Modified Delphi design will be utilized in data collection and methodology in two broad phases. The first phase will focus on the review of existing policy documents, and the second phase will consist of a Delphi process enabling the identification of the sports policy, analysis of sport policy impact on clean sport behaviour, finalize the rankings of priorities, structures, and challenges in developing a sport policy-clean sport behaviour framework. The findings of this project will positively impact doping prevention and education in Africa RADO V region.