

Checklist for Therapeutic Use Exemption (TUE) Application:

Prohibited Method: Volume > 100 ml per 12 h

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant International Standard for TUE criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents MUST be provided. A completed application and checklist do NOT guarantee the granting of a TUE. Conversely, in some situations, a legitimate application may not include every element on the checklist.

TUE Application form must include:	
	All sections completed legibly
	All information submitted in [language(s) as per ADO preferences]
	A signature from the applying physician
	The athlete's signature
Medical report should include details of:	
	Medical history: symptoms at manifestation, course of illness/condition, start of treatment. Must define/describe where the infusion was/is to be administered. (Note: infusions given as part of hospital treatment, surgical procedure, or diagnostic procedure do not require a TUE unless they contain a prohibited substance)
	Findings on examination: e.g., physical signs of illness or relevant medical condition
	Interpretation of symptoms, clinical findings, and test results
	Diagnosis of illness or most probable medical condition
	Infusion: volume and time period over which it has been given (only >100ml per 12h require a TUE) and substance (if any prohibited substance is infused) including dosage and frequency
	Response to treatment/course of illness/condition
	Explain why IV administration of fluid was chosen if an alternative treatment (i.e. oral fluids) was not given
Diagnostic test results included (copies of originals or printouts)	
	Laboratory tests: if available, e.g. Hb/Hct, electrolytes, blood cell count, serum ferritin, etc.
Additional information included	
	As per ADO specification